



About the EQUALS-Tech4Girls e-Mentoring Programme

Dear Mentee,

Welcome to the Tech4Girls e-mentoring programme! We are thrilled you have enrolled for this programme!

The Tech4Girls (e-)mentoring programme offers participants in the Tech4Girls workshops the opportunity to be matched with mentors (professionals from different sectors) who contribute their professional and personal skills to supporting and guiding mentees on their learning and career paths through an innovative 8-week mentoring programme.

The goal of the Tech4Girls e-mentoring programme is to enable you, the mentee, through the mentee-mentor relationship, to develop valuable soft skills that will boost your employability, and also to familiarize yourself with the world of professional employment. Additionally, the programme aims to help mentees develop their self-confidence and embrace their professional ambitions.

Mentee-mentor exchanges take the form of written correspondence and mentees and mentors follow a “soft skills syllabus”, which consists of a series of topics devoted to the development of crucial soft skills.

You will find the specific weekly topic in the “Weekly topics” tab on your dashboard. At the beginning of the programme, you will only see the topic for week 1. As you progress from week to week, you’ll be able to access each of the weekly topics.

In general, the time commitment required of mentees for the soft skills e-mentoring programme is approximately 1 hour per week maximum (to read and respond to your mentor’s letters).

Mentees and mentors are guided throughout the entire mentoring process by our Tech4Girls e-mentoring programme coordination team. You can contact our team at any time via your mailbox where you’ll find the email address of your programme coordinator.

As a mentee, you will receive:

- e-Mentoring guidelines;
- The e-Mentoring weekly soft skills topic (for each of the weeks of the 8-week programme) providing guidelines and tips to help you write your weekly letter to your mentor, as well as tips and online resources to facilitate and enrich your exchanges with your mentor and ensure a successful e-mentoring experience;
- An introductory email about your mentor, including (a)photo(s);
- Weekly email support from the e-mentoring programme coordination team;
- Weekly emails from your e-mentor; and
- Upon your successful completion of the full 8-week e-mentoring programme, you will receive your certificate of completion.



Before starting the programme, we invite you to explore the e-mentoring guidelines, with frequently asked questions.

Our team will be available to guide you throughout the 8-week program: we will be happy to answer any remaining questions you might have and provide any support you need.

The Tech4Girls e-mentoring programme is an innovative and rewarding opportunity for Tech4Girls workshop participants to benefit from the support of professional mentors who contribute their time, expertise, and skills to coaching and guiding mentees on their learning and professional journey.

We sincerely hope you'll enjoy your e-mentoring journey with Tech4Girls and find it a rich and rewarding learning experience!

The Tech4Girls E-Mentorship Programme Team